

## **TREGENNA**

### **BREAKFAST MENU**

*Selection of Fresh Fruit  
Yoghurt & Fruit Juices*

∞

*Large Selection of Cereals  
Porridge on request*

∞

*Toast*

*Cornish Butter / Flora  
Honey, Marmite and Preserves*

∞

*Full English Breakfast*

*Back Bacon ~ Local hand made  
Sausage ~ Egg ~ Mushrooms  
Heinz Beans ~ Plum Tomatoes ~  
Hash Brown*

*or*

*Eggs*

*Scrambled Poached Boiled Fried  
Omlette*

*or*

*Vegeterian Breakfast available on  
Request*

*or*

*Smoked salmon and scrambled  
eggs on english muffin*

## **TREGENNA BEVERAGES**

*Teas*

*Blended*

*Earl Grey*

*Large Selection of Herbal  
and  
Fruit Teas*

∞

*Coffee*

*Medium Roast Cafetiere*

*Nescafe Instant*

*Rich Roast Decaffinated*

∞

*Milk*

*Fruit Juices*

*Chilled filtered water is available  
anytime from the machine at the  
dining room entrance*

∞

*Just ask for your preference*

∞